

**[0032]** It is to be understood that the journal described thus far may also reside in a computer-based format, such as in software residing on a CD-ROM **70** or floppy disc **72** shown in **FIG. 13**, for use on a personal computer (not shown). A computer-based embodiment may reside on a user's personal computer; on a central network server to be accessed by more than one user, such as a teacher and her students; or it may reside on a computer or computer server accessible by the internet, for remote use by any authorized user with internet access. Such a computer based embodiment may also feature a customized printer (not shown) or other associated hardware devices.

**[0033]** Although all of the elements described thus far have been described in the context of being utilized with each other, it is apparent that any of the particular elements described thus far may stand alone and be used on their own. For example, the picture book **1** described above may be sold on its own as just a standard picture book. In this way, the picture book **1** may be sold through bookstores, or carried by schools or other public libraries. Similarly, the dolls **7** and **9** and recording device **13** may be sold separately. This enables the method or system to be sold in one complete form, containing all of the components. Or individual components may be purchased at different times by the students or teachers. This is important in enabling the system to be tailored to the age of the student. For example, a doll or character may be used with more than one age group in a school system, wherein the journals may be age specific. Any number of combinations is possible with the components described thus far.

**[0034]** Similarly, the picture book **1** may be specific to a site or geographic area.

**[0035]** Referring again to **FIG. 1**, a specific museum, city **3**, county, state **5** or country may be provided. Or the picture book **1** may be specific to an age, sex, language, or other identifying criteria of the student or purchaser for which this product is intended. Also, different picture books may contain different elements. Said elements may include historical entries that, for example, a child's grandparents or parents may have written that may be unique to that individual child, or the geographic location that is described in the book. In this way, the remainder of the components of the system may be totally redefined merely by changing the picture book **1** that is used as an example for the student in illustrating how the different components of the system may be used.

**[0036]** Another component of the present system and method is the working journal. Referring now to **FIG. 8**, a working traveling journal **80** is provided, showing a front cover **81**. A cover sleeve **82** is provided for the insertion of a picture (not shown) of the student who is using this particular journal, along with an instructive label **84**. **FIG. 9** shows the inside jacket **86** for use with a front or back journal cover. The inside jacket **86** has a "Brochures From My Travels" heading **88** and a pocket **90** for holding any brochures relevant to the field trip or vacation described in the journal. The pockets may also be used for postcards, souvenirs, ticket stubs or other relevant indicia of the journalized activity.

**[0037]** **FIG. 10** illustrates opposing pages **100** and **102** within the working journal **80**. Map page **100** provides a map **104** of the United States, with instruction **106** that the student color the state or states that the student visited. It is readily apparent that other countries may be inserted here for use with this journal system and method in other countries.

Alternatively, a view of a state, city, or other region (such as Disney World®) may be provided, in any desired scale or degree of detail, with additional specific terms relevant to said region.

**[0038]** Entry page **102** provides opposing page entry blanks **100**, which may be used by a student to list the name of the place or other information. The information entered may be specific to an instruction, such as a "Name this state" instruction **110**. Also, the student may be required to provide additional information through complete-the-sentence instructions **112** and **114**. In this way, other materials may be incorporated into this system or method and based upon the age of the student; for example, the student may be required to research external library references for the answers.

**[0039]** **FIG. 11** shows an entry page **112**, for insertion into the journal. Blank lines **114** are provided for written entries by the student. These lines may be formatted in a specific way, for example to provide designated places for date, salutation, body text, and signature areas corresponding to the writing instructions **46**. The number of the pages may vary, and a three-ring binder book structure is preferred to allow a user to vary the number of pages used with the journal.

**[0040]** It is also preferred that at least one page **25** of empty photograph sleeves **21** be provided. It is preferred that each page **25** is arranged opposing a completed journal entry pages **112**. It is intended that the student insert pictures representative of the location or activity as described in the opposing entry pages **112**. Alternatively, ticket stubs, postcards, matchbook covers or other graphic items may be inserted into the sleeves **21**.

**[0041]** The inside cover pocket **86** may also be used for holding audio recording media, such as a microcassette **42**. It is intended that the student record their observations, dialogue, sounds, interviews or other material on the microcassette **42**, as described above, and the microcassette **42** may then be kept with the journal. This may be desirable to enable later completion of the journal after the trip or activity has been completed. Also, the system or method may be used to record contemporaneous sounds with any kind of event or field trip. For example, a trip with a grandmother may be remembered by having the grandmother speak into the microcassette recorder. In this way, the system can also be used to archive the thoughts and sounds and voices and feelings of loved ones that a child may look back upon and enjoy once the child has reached adulthood. In this way, the system and method may be used beyond just journaling activities but may also be used for chronicling family activities and fixing such activities in a specific geographic place or date in time.

**[0042]** The exemplary journal **19**, picture book **1** and working journal **80** may be separate books, or they may be combined into one or more composite books.

**[0043]** Similarly, the pages described above may be inserted into any or all of the exemplary journal **19**, picture book **1** and working journal **80**, according to the present invention.

**[0044]** Accordingly, a preferred embodiment of the present invention has been described. With the foregoing description in mind, however, it is understood that this description is made only by way of example, that the